

# THE SELF BIBLE STUDY

1. There are many expressions of self: selfish, self-confident, self-centered, self-indulgent, self-exalting, self-esteem, and self-reliant. Each of these self-focuses has pitfalls and problems for people. The Bible speaks about the problems of self having too prominent a position in our life.

- a. According to Proverbs 28:26 what is the person who trusts in himself?

\_\_\_\_\_.  
Can you think of an example of when you trusted in yourself and turned out to be what the Bible says such people are? \_\_\_\_\_

- b. According to Hosea 10:13 why did bad things happen to the person who is being addressed in this verse? \_\_\_\_\_

- c. According to Matthew 26:33-35 what did all the disciples of Jesus say they would do if Jesus was arrested? \_\_\_\_\_  
What does this tell us about what they thought about themselves? \_\_\_\_\_

\_\_\_\_\_.  
What did Jesus tell Peter he would do? \_\_\_\_\_  
According to Matthew 26:56 what did the disciples do? \_\_\_\_\_  
Who was right, Jesus or the disciples? \_\_\_\_\_  
What is the lesson in this? \_\_\_\_\_

- d. According to Luke 18:9-14 what happens to people who rely upon themselves to be right (righteous) with God? \_\_\_\_\_

- e. According to 1 Corinthians 10:12 what were people thinking? \_\_\_\_\_  
What did the Bible warn them about? \_\_\_\_\_  
Why would someone think they are doing really well when they are not? \_\_\_\_\_

2. Now consider what the Bible says about exalting self.

- a. According to Proverbs 25:6-7 what should people not do in the presence of a king? \_\_\_\_\_  
What could happen to people who do this? \_\_\_\_\_  
How does this relate to others besides kings? \_\_\_\_\_

- b. According to Proverbs 25:27 what is dishonorable in the eyes of God? \_\_\_\_\_

- c. According to John 5:44 what is a trap of self-exaltation that some people fall into? \_\_\_\_\_  
What praise should we seek? \_\_\_\_\_

- d. According to Romans 12:3 how should we not think about ourselves? \_\_\_\_\_  
How should we think about ourselves? \_\_\_\_\_

3. Consider some of the consequences of being self-focused.
  - a. According to Psalm 36:2 what is the result of people flattering themselves? \_\_\_\_\_.
  - b. According to Proverbs 30:12 what are people who are pure in their own eyes? \_\_\_\_\_.
  - c. According to Matthew 23:12 what will happen to those who exalt themselves? \_\_\_\_\_.
  - d. According to Galatians 6:3 what is the condition of the person who thinks he is something (important)? \_\_\_\_\_.
  - e. According to 1 John 1:8 if we make claims that we are not sinners what condition are we in? \_\_\_\_\_.
  - f. According to Revelation 3:17 there were people that thought something good about themselves but God declared their real condition. What does this tell us about our ability to evaluate ourselves without God? \_\_\_\_\_.
  
4. Instead of living for self-desires and having a self-focus, the Bible tells us what we need to do.
  - a. According to Matthew 7:3-5 what do we need to do when we have become self-deluded so that we see other people's faults but not our own? \_\_\_\_\_.
  - b. According to Matthew 16:24 what must we do to self? \_\_\_\_\_.  
Then what do we need to do? \_\_\_\_\_.
  - c. According to Matthew 16:25 what do we need to do with our own lives regarding self? \_\_\_\_\_.  
What do you think this means? \_\_\_\_\_.  
What will be the end result of doing this? \_\_\_\_\_.
  - d. According to Romans 6:6 what happens to self when we come to Christ? \_\_\_\_\_.  
What is the result of this? \_\_\_\_\_.
  - e. According to Romans 6:11 what should self be dead toward? \_\_\_\_\_.  
What should self be alive to? \_\_\_\_\_.  
In Romans 6:12 what will be the result of this? \_\_\_\_\_.
  - f. According to 1 Corinthians 10:24 what should we not seek and what should we seek in order to have victory over self? \_\_\_\_\_.
  - g. According to Philippians 3:8 what should we consider everything in our lives including ourselves, except Christ? \_\_\_\_\_.  
What effect will this have on you? \_\_\_\_\_.
  - h. According to James 1:26 what part of self are we to gain control over? \_\_\_\_\_.
  - i. According to 1 Peter 4:2 what is the end result of no longer living for self? \_\_\_\_\_.
  
5. What are some areas of self that you need to crucify so that you can live for God? \_\_\_\_\_.

