

The Lust Bible Study

Lust: *Sinful longing, the inward sin which leads to the falling away from God. Often referring specifically to obsessive sexual cravings but can include anything contrary to the will of God.*

1. It is important to recognize the beginning point of lust.
 - a. According to Genesis 3:6 how did lust for the fruit of the tree of the knowledge of good and evil begin with Eve? _____
_____.
 - b. According to Matthew 5:27-28 what is the beginning point of lust and sexual immorality? _____.
 - c. According to Matthew 6:22-23 what is the significance of the eyes (what we look at)? _____.
What does this tell us about how lust works? _____.
 - d. According to 2 Peter 2:14 what can people's eyes be full of? _____.
 - e. According to 1 John 2:16 what is the "lust of the eyes" described as being part of? _____.

2. Lust often begins with the eyes but it quickly goes beyond the eyes.
 - a. According to Job 31:9 where did lustful enticement take place for Job? _____
_____.
 - b. According to Matthew 5:28 where did the committing of the act of adultery take place? _____.
Would this be true of sexual fantasies, pornography, masturbation, or lusting after another person romantically? _____.
 - c. According to Acts 1:24, even if we think the sins of our heart are secret, who knows about them? _____.
 - d. According to Romans 1:24 where did the sinful desires for sexual impurity reside? _____.

3. The sin of lust is bad enough in and of itself but it often leads to other things in our life.
 - a. According to Mark 4:19 what happens to people when they are full of lustful desires? _____.
 - b. According to Romans 1:26-30 unrestrained sexual lusts can eventually lead to "shameful lusts". What are those shameful lusts? _____

What is the end result of all of this? _____.
 - c. According to Galatians 5:17 what is the conflict that is going on inside of people? _____.
What does this conflict lead to? _____.

- d. According to Ephesians 4:22 what is happening to your “old self” as you participate in lustful desires? _____.
- e. According to 2 Timothy 4:3-4 what do people look for when they want to continue on in their lustful desires? _____.
Where might lustful people find this type of people? _____.
- f. According to James 1:14-15 what are the three things that happen when we give in to lust? _____.
- g. According to James 4:1-2 what are the results of our lustful desires? _____.
- h. According to 2 Peter 2:18, when people have given themselves over to lustful desires, what do they do to other people? _____.

4. The Bible gives some clear direction in regard to how to deal with lustful temptations in our life.

- a. According to Job 31:1 what did Job do in order to deal with the lust of his eyes? _____.
- b. According to Psalm 25:15 where do we need to have our eyes set so that they do not give in to lust? _____.
- c. According to Proverbs 6:25 how are we to deal with heart lust and eye lust? _____.
- d. According to 1 Corinthians 9:27 what did Paul do so that he would not give in to lust? _____.
- e. According to 1 Corinthians 10:6 what should we not set our hearts upon? _____.
- f. According to Colossians 3:5 what are we commanded to do regarding lustful desires? _____.
- g. According to 1 Thessalonians 4:5 what must we be and what must we learn to do if we are not going to give in to lust? _____.
- h. According to 2 Timothy 2:22 what are we told to flee? _____.
Could you list some things you should stay away from that entice you to lust? _____.
- i. According to Titus 2:11-12 what will help us say “no” to lustful desires and passions? _____.
- j. According to 1 Peter 2:11 how are we to handle lustful desires in our life? _____.
What does this apply to for you? _____.
- k. According to 1 Peter 4:3-4 how will other people act toward us if we defeat lust? _____.
Why do you think this is so? _____.