

THE FOOD BIBLE STUDY

1. Food is something everyone needs in order to stay alive. God has determined what food he wants us to eat and what our attitude toward food is to be. The types of food we can eat have changed over time. Let's see what kinds of food God allows us to eat.
 - a. According to Genesis 1:30 what was the first type of food that God gave?
_____.
 - b. According to Genesis 9:1-3, after Noah and his sons came off the ark, what did God give as food for man? _____.
 - c. According to Mark 7:18-19 what did Jesus declare regarding food? _____.
What do you think this means? _____.
 - d. According to Luke 10:8 what should we do with food that is set before us if we are a guest somewhere? _____.
 - e. According Romans 14:14 what restriction is there for people who think some foods are unclean? _____.

2. We need to understand what food is about according to the Bible.
 - a. According to Matthew 4:4 what is more important than food? _____.
 - b. According to Matthew 6:25 what is more important than food? _____.
What should our attitude about food be? _____.
 - c. According to 1 Corinthians 6:13 what is food for? _____.
What will be the end result of food? _____.
 - d. According to 1 Corinthians 8:8 what can food **not** do? _____.
 - e. According to 1 Timothy 6:8 what should our attitude be if we have food and clothing? _____.

3. We need to consider some wrong attitudes about food.
 - a. According to Proverbs 23:2 what should we do if we are given to gluttony (overeating)? _____.
 - b. According to Proverbs 23:3 what should we not crave? _____.
Why? _____.
 - c. According to Proverbs 23:6 what food should we **not** eat? _____.
Why do you think this would be the case? _____.
 - d. According to Proverbs 23:21 what happens to people who are gluttons? _____.
 - e. According to Proverbs 28:7 who should you not hang around with? _____.
Why not? _____.
 - f. According to Romans 14:3 what should be our attitude toward the way other people eat? _____.

4. Next we will look at how we are to obtain food.
 - a. According to Job 36:31, as it speaks about the characteristics of God, what does God do in regard to food? _____
 - b. According to Proverbs 21:20 what is in the house of the wise? _____

 What does the foolish man do? _____
 What is the lesson in this for us? _____
 - c. According to John 6:27 what type of food does Jesus tell us we should work for? _____
 What type of food should we **not** work for? _____
 We can see through this verse that if we work for heavenly things God will provide us with the food that we need.

5. Sometimes God gives us more food than we need for ourselves. This is especially true in wealthier countries and households. Let's see what the Bible says about the extra food that we have.
 - a. According to Proverbs 22:9 what does a generous man do with his food?

 What will be the result of him doing this? _____
 - b. According Proverbs 25:21 what should we do to our enemy who is in need? _____
 - c. According to Isaiah 58:7 what should be our response when we see someone who is poor? _____
 What is a special group of people to which we have an even higher responsibility? _____
 - d. According to Ezekiel 18:7 what are five characteristics of a righteous man? _____

 Why would giving food to the hungry be a characteristic of a righteous man? _____
 - e. According to Luke 3:11 what should the man with food do? _____

6. There is a way that God wants us to think about food in our lives. We need to see food the way God wants us to see it.
 - a. According to Matthew 14:19 what did Jesus do before he gave the food to the people who were hungry? _____
 Why did he do this? _____
 - b. According to 1 Corinthians 10:31 how should we eat or drink? _____

 What do you think this means? _____
 - c. According to 1 Timothy 4:4 how is everything that we eat made good? _____

 How should we receive what we eat? _____

